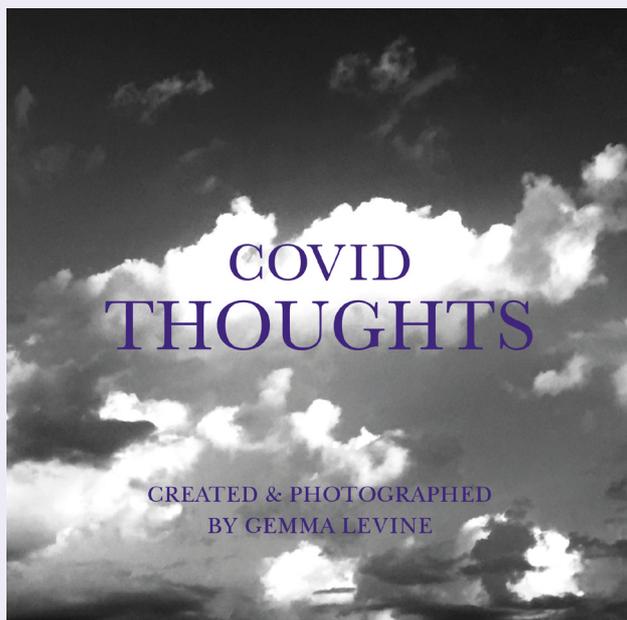


PRESS RELEASE



COVID THOUGHTS

Gemma Levine

Publication date: 6th March 2021

Price: £15 Hardback original

Upon publication date Covid Thoughts will be available to purchase via St George's Hospital. Please use this [link](#), or contact [Rose Bowen](#).

Gemma Levine, best known for her iconic black and white photographs of Princess Diana, is proud to announce the publication of her latest book entitled ***Covid Thoughts***, coinciding with World Lymphoedema Day on 6th March 2021.

This book is a thought-provoking exploration of the challenges, lessons learnt and personal experiences of the global pandemic, communicated through the eyes of influential public figures in society.

It features contributions from 30 personalities and politicians including the UK's Home Secretary Priti Patel, Bryan Robson, Prue Leith, Sir David Suchet, Joanna Lumley, William Boyd, Dame Maureen Lipman, and Terry Waite.

Following Gemma's previous books, [Aqua](#) and [Let's Talk Lymphoedema: The Essential Guide to Everything You Need to Know](#), which shed light on the debilitating condition Lymphoedema, ***Covid Thoughts*** aims to raise broader awareness of the lymphatic system, specifically in relation to Covid-19.

As well as raising funds for Lymphoedema research, ***Covid Thoughts*** is a compelling collection of the real accounts of people from across a diverse range of backgrounds, offering a humbling and insightful glimpse into their Covid journeys.

Commenting on Covid Thoughts Dame Judi Dench said:

"Within the gem of this book, pillars of our society from a wide spectrum have been invited to share their Covid thoughts. They have given generously of their time to voice their views during this debilitating time in our lives.

"We must learn from this and start to live in harmony with nature and all the creatures with whom we share the planet."

Discussing the connection between Covid-19 and the Lymphatic system, Professor Peter Mortimer commented:

“For the vaccine to work against Covid a functional lymphatic system is essential. The lymphatic system, and its lymph glands, houses much of our immune system.

“Lymph is the fluid which carries immune cells to our lymph glands, and the lymph glands is where all acquired immunity against infections and vaccinations occurs. Hence, without a working lymph system we would not succeed in overcoming infections, such as Covid-19.”

In addition, William Repicci, President & CEO, Lymphatic Education & Research Network commented:

“Whereas most of us seek solace when faced with adversity, Gemma Levine envisions an opportunity to heal through insight, compassion and humour.

“The world, including those living with lymphatic diseases such as lymphoedema, finds their humanity, commonality, and hence hope in her vivid Covid Thoughts.”

THE AUTHOR



Gemma Levine is a photographer, author and a Fellow of The Royal Society of Arts. She lectures at the Tate Gallery on her work with Henry Moore, having published three books on the sculptor, and is known for her iconic black and white photographs of famous personalities from the 70s, 80s, and 90s. Notably, her iconic photographs of Princess Diana are currently on display at Kensington Palace and were selected by the Palace in 1994 as the ‘photograph of the year’.

Gemma has shown over 60 exhibitions around the world, including a celebration of 25 years of her work at the National Portrait Gallery in 2001. She has published 25 books, including her Memoir *Just One More...* (2014), published by Elliott and Thompson, and *Go With The Flow* (2012), an inspiration guide and practical resource to living with cancer following her own diagnosis with breast cancer. As a result of her cancer, she has lived with Lymphoedema for a number of years.

To watch the Covid Thoughts video please follow this link: <https://vimeo.com/504827573>

For more information or interviews, please contact Gemma Levine: gemalevine@aol.com or +44 (0)7957 244 475.

FOREWORD **Professor Peter Mortimer MD, FRCP**

PREFACE **Dame Judi Dench CH DBE, FRSA**

INTRODUCTION **Gemma Levine FRSA**

AFTERWORD **Professor James A. Levine MD PhD**

NICKIE AIKEN BARONESS JOAN BAKEWELL ALEX BEARD LUCY BIGGS SIR GEOFFREY BOYCOTT WILLIAM BOYD SIMON CALLOW ROB & NICKY CARTER DAME JOAN COLLINS JIM DALE KEVIN DUTTON PROFESSOR PAUL ELLIS JOSH FRIEND JONATHAN GLANZ DR KRISTIANA GORDON RAFA GORDON SARA GORDON MELISSA HAMNETT BARON RICHARD HARRIES SIR KARL JENKINS PATRICK KIDD JEREMY KING PRUE LEITH DAME MAUREEN LIPMAN TANIA MARSICAL LOPEZ JOANNA LUMLEY BARONESS JULIA NEUBERGER PRITI PATEL ANNE PITCHER DAME ESTHER RANZEN BRYAN ROBSON JEREMY ROBSON JIM ROSENTHAL REBECCA SALTER DR MIRIAM STOPPARD SIR DAVID SUCHET SARAH VINE TERRY WAITE JOHN WILLIAMS

