



BAHT Level II Course Optimising Soft Tissue Function

21st-23rd September 2018
Hand Therapy Department
Mount Vernon Hospital
Rickmansworth Road
Northwood
Middlesex
HA62RN

The course is open to therapists (OT or PT) working at Band 5 or above within the NHS or its equivalent outside it wishing to improve & develop an understanding of Tissue Repair from a Therapy Perspective. Emphasis is given to enhancing the understanding of the theory & practical application of common electrotherapy modalities used within hand & upper limb therapy & the application of therapy techniques to enhance soft tissue repair including soft tissue mobilisation & taping (traditional, dynamic & kinesiology). Practical & competency elements are also included focussing on ultrasound & TENS, taping & soft tissue mobilisation (instrument assisted).

Content:

Review of Soft Tissue Repair & Pain Management
Introduction & overview of EBP for electrotherapy
Theory & Practical aspects of ultrasound & TENS
Overview of other treatment modalities for optimising soft tissue repair including soft tissue mobilisation (instrument assisted) & taping (traditional, dynamic & kinesiology)
Practical workshops including traditional, dynamic & kinesiology taping, soft tissue mobilisation (instrument assisted).

Key note speaker day 1 & 2 Tim Watson Soft Tissue repair, pain management & electrotherapy modalities

Cost: £395

Includes refreshments & lunch, handouts, attendance certificate
Successful completion of assessments = BAHT level II points & certificate of competency for electrotherapy modalities assessed

For details &/or bookings contact:

Ella Donnison

07766554787

handtherapy@sky.com