

Deep Oscillation Therapy and the case of a swollen eyelid

This is a very interesting case history and one that I would like to share with the readers of Massage World...

I am an MLD UK registered Manual Lymphatic Drainage therapist. Recently I purchased the Hivamat 200 device from Physiopod UK, this was a featured article in Massage World's last issue, under the heading "Magic Hands".

As you will already have learned from the article the principle of this therapy is that an electrostatic field is created between the therapists gloved hand and the patient's tissue beneath as the area is massaged. The tissue is attracted and then released in the rhythm of the frequency selected: higher frequencies are used to dissolve durations and for pain relief. Medium frequencies have an intense relaxing effect and lead to a circulatory improvement in the tissue. Lower frequencies provide a powerful pumping action enabling fluid displacement and are therefore suitable for the treatment of oedema and pulmonary diseases. In disturbed conditions the treatment very quickly causes improvement in the removal of waste and uptake of nutrients; activating lymph flow, intensified haematoma disintegration and reduction in tissue pressures. This treatment results in enormous pain relief and muscular relaxation.

In my work as an MLD therapist, this therapy has enabled me to achieve a quicker result for my patients and the enhancement of the fluid movement in swollen tissue means that I am achieving a quicker result than normally attained with MLD massage alone.

I generally treat the following conditions:

- Swelling after a breast cancer
- Primary and Secondary lymphoedema
- Truncal and genital oedema
- Fibrosis after radiotherapy treatments
- Swelling and bruising after any plastic surgery e.g. eyes, face, chin etc
- Swelling and bruising after liposuction e.g. thighs, abdomen, buttocks etc.
- Puffy eyes and face
- Cellulite

It was my day off and I was going to introduce Hivamat 200 to my friend Hermine. When we met she introduced me to her Austrian friend who was staying with her. I noticed that the friend was wearing dark sunglasses and later I realised that she was disguising her swollen eye. Hermine asked me if I could treat her friend's eye. It was a fantastic challenge, how could I refuse?

The Case History

Ilse had a benign brain tumour around 9cm on the left side of the head, which was operated on a year ago by Austrian doctors. She had two operations: first, the removal of the tumour. Second, bone graft of the scalp. Before the operation she was told that she might lose her left eyesight and mobility of the left extremities.

After the operation, although she maintained the mobility of her extremities sadly she lost her left eyesight and gained a golf ball size swelling on the eyelid.

Ilse had suffered with the swollen eyelid since her first operation. She was very fit, strong, positive and funny. When we started discussing about her case she said 'this is my lazy, dormant eye, I call it sleeping eye'. It was so encouraging that she had accepted her new look and even she was trying to joke on her new appearance. Initially, I did not promise anything to her but I was sure that I could reduce the swelling. Unfortunately, as it was my day off I did not have my camera with me to take a photo of 'before and after' the treatment, which is something I generally do.

I started the treatment by clearing the lymphatic pathways of the face, which means, I cleared the lymph transporting channels; working on the neck, jaw, cheeks and then I started concentrating on the affected eye.

I treated Ilse for two consecutive days; each treatment lasted for 40 minutes. She was amazed and shocked from the results. She could not believe when she looked into the mirror. The swelling was gone by 2/3. She started kissing, hugging and thanking me. The way she expressed herself it was like I had given her back her eyesight. I wish I could...

I heard from Ilse several days later, after she left for Austria. She was thanking me that everybody who knew her had noticed the change. She was asking me if I could find somebody in her area who had Hivamat 200.

I immediately contacted Mary Fickling from Physiopod, who is the sole UK distributor for Deep Oscillation Therapy; she kindly found the address for her.

It was a bewildering experience for me and one that I will never ever forget. I recently received the letter below from Ilse, which I would also like to share with the readers...



casehistory

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Dear Sossi
I am very privileged to have got to know you and to feel the competence with which you have treated me. My operation to my head last year left me with large scars, some of which are visible. The size of my tumour prevented me from a complete recovery and even though the operation saved me, much of my nervous system had been damaged. I am blind in my left eye and my eyelid is permanently closed. My eyelid has always been very swollen. For months I had Lymph drainage in Germany, twice a week, which helped, but it was a very slow process until you came to see me. You started working on my face, neck and eyelid with your new machine called HIVAMAT 200. This was new for me; I was very curious and a bit nervous. The treatment was gentle, careful, soft and quick. It felt stimulating and comfortable. I enjoyed the lymph drainage you gave me very much. After the treatment, I looked in the mirror and I was very surprised that the swelling around the eye had nearly disappeared. I touched my eye and it felt really good, hardly any swelling left. You treated me a second time and it got even better. After one and a half years of treatment in Germany, only now is there a noticeable improvement. My therapist in Germany realised the improvement immediately and was impressed as to how well my eye looked. Also my colleagues and friends noticed the change.

I am really happy that you could help me.

With thanks and love

Ilse

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