

LIVING TO YOUR FULL POTENTIAL



TALK LIPOEDEMA CONFERENCE 2017
SATURDAY 18 & SUNDAY 19 MARCH | BIRMINGHAM UK



Patient Review of The Spring 2017 Conference – with thanks to C.W

“Attending the Talk Lipoedema conference was brilliant, it was so good to meet other women with the condition and to share our stories.”



“I took notes of all the information and left feeling confident and eager to research further all the ways of being able to manage my condition”



I had had surgery on my legs a couple of months before and was told I had a lot of fibrotic tissue so had been looking into what might help this. I had seen on Instagram Physio Pod (mary_fickling) would be at the conference and I was really excited to try Deep Oscillation therapy using a Hivamat which can be applied by therapist or supportive other to patient or as a self-treatment with applicators via the personal unit and it reaches a depth of 8cm.





Mary and Julie were so friendly and helpful and I was able to try the therapy which felt absolutely wonderful, my legs had felt very hard and swollen and after approximately 20 minutes of Julie using the equipment on my legs and also allowing my other half to have a go that when I stood up they felt the lightest they have ever felt in years I was so, so, impressed with the therapy.



I am currently looking into purchasing a personal unit as although an expensive piece of equipment I am confident that having this at home would really improve the daily aching that I have in my legs and prevent further fibrosis. I really think that anyone with Lipoedema should try this therapy”