

MEET THE SPEAKERS

IAN GATT



SUBJECT: Acute sport injuries of the Upper Limb; Can acupuncture make a difference?

TIME: 15:05 - 16:05

Ian Gatt has been a sport physiotherapist for 20 years, with a considerable period invested in managing the medical services for GB Boxing. He has attended all major competitions with boxing supporting elite athletes on their path to success through the London 2012, Rio 2016, and current Tokyo 2020 Olympic Cycles. Ian has been a Visiting Lecturer at UCL since 2013, and is undergoing a PhD in Wrist Biomechanics at Sheffield Hallam University. He is an Upper Limb Injury Specialist with the prestigious English Institute of Sport (EIS) providing his expertise to Olympic and Paralympic Sports. Ian regularly delivers national/international educational workshops and presentations on diverse areas linked to sport injuries. Further, he provides private injury consultations in Sheffield, London, and Malta. Follow him on Twitter (@iangattphysio), Instagram (iangattgattman) and LinkedIn (Ian Gatt).

MARIE LORE BUIDIN



SUBJECT: Acupuncture in the treatment of Pulmonary Disease

TIME: 08:45 - 09:45am

Marie-Lore Buidin physiotherapist and L.Ac studied acupuncture in Belgium at the Jing Ming acupuncture college (1999-2002) with internship in China (Nanjing). She also trained with Master Li Ruheng (Nanjing) in Tai Chi Chuan Yang Style and Tai Ji Jian.

Her focus as a physiotherapist for more than 30 years was treating adults and children with COPD, asthma and cystic fibrosis. She worked in close collaboration with specialized pediatric pneumologists.

In acupuncture she has specialized herself in treating cardiovascular disease, pulmonary disease and psycho-emotional issues, in which she has more than 16 years of advanced knowledge and specific clinical experience.

From 2005 till 2015 she worked in a combined western cardiology and acupuncture clinic.

SUE FALSONE



SUBJECT: A Western Medical Acupuncture Approach for Recovery and Regeneration in Professional Athletes

TIME: 11:30 - 12:30

- Owner/ Founder of Structure & Function Education Western Medical Acupuncture and Cupping education company based in the US
Ten years of western medical acupuncture experience, practice and education
- Owner, Falsone Consulting
Consulting with professional athletes and teams from the NBA, NFL and MLB
- Associate Professor, Athletic Training Programs, Arizona School of Health Sciences, A.T. Still University
- Author, Bridging the Gap from Rehab to Performance

- Previous Head of Athletic Training and Sports Performance, US Soccer Men's National Team
- Previous Head Athletic Trainer and Physical Therapist for the Los Angeles Dodgers
- Treasurer, Sports Special Interest Group, American Academy of Orthopedic Manual Physical Therapists
- Master of Science in Human Movement with a concentration in Sports Medicine from UNC-Chapel Hill
- Board Certified Specialist in Sports Physical Therapy through the APTA
- Certified Athletic Trainer through the NATBOC
- Certified Strength and Conditioning Specialist through the NSCA
- Certified Orthopedic Manual Physical Therapist in the Spine through the IAOM-US
- Registered Yoga Teacher through Yoga Alliance, 200- Hour teacher training

KEVIN YOUNG



SUBJECT: Sports Acupuncture; Achilles tendinopathy and plantar-fasciopathy

TIME: 10:00 - 11:00am

Kevin Young graduated from the University of Westminster with a BSc (Hons) TCM: Acupuncture, Diploma in Tui-na and Patent Herbal medicine. He is a State Registered and Chartered Physiotherapist, qualified in sports therapy and sports massage, specialising in the treatment of sports injuries with Acupuncture. Additionally, he has an MSc in Lower Limb Musculo-Skeletal Studies from Cardiff Met University.

Kevin has worked extensively with sports teams, starting in American Football to national team level and European champions. This led him to 20 years as head Physiotherapist to national division and county rugby, and more recently with professional boxers, Thai boxing and mix martial arts (MMA). He is currently the principal physiotherapist for the charity Arthritis Action.

Kevin lectures at CICM Reading Traditional Acupuncture college (BSc program) in anatomy, structural diagnosis and tui-na. He also lectures on Sports Taping and Sports Acupuncture on a Master's program at Cardiff Met University. Finally, he lectures at Glyndwr University, Wrexham on Tui Na, Lower Limb and running Mechanics. He has a special interest in lower-limb injuries, and treating tendinopathy with Traditional Chinese Medicine and acupuncture.



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GUSTAVO REQUE RYDBERG



SUBJECT: Needling complex/deep structures: does ultrasound help?

TIME: 13:45 - 14:45

Dr Gus has over 15 years of experience in MSK and Sports medicine. He holds qualifications in General Practice, Osteopathic Medicine, Pain Medicine, Sports Medicine and MSK ultrasound diagnostics/interventions.

He is specialised in the conservative management of musculoskeletal pain. He holds special interest in combining treatment modalities such as osteopathic techniques along with allopathic medical pain management and minimally invasive procedures such as image guided procedures and needling.

He was medical director of the Andalusian Karate Federation and member of the medical staff for the Spanish Karate Federation for over ten years. He also managed successful private clinics in Spain before relocating to Dubai, UAE where he served as clinical lead for

leading sports medicine centres.

Dr Gus is an experienced lecturer on MSK Interventional Pain Management as faculty member of the International Pain Diploma offered by the University of Montpellier (France) in Seoul, Korea.

THOMAS LUNDEBERG



SUBJECT: Acupuncture - Physiological background. Implications of its use.

TIME: 16:05 - 17:05

Thomas Lundeborg has worked as an acupuncturist for more than 30 years after being trained in Nanjing China.

In Sweden he has devoted his time to acupuncture research working as a professor in Physiology at Karolinska Institutet and then as a medical director at an insurance medicine unit at Danderyds university hospital, Stockholm, Sweden.

He has published more than 100 research articles on acupuncture.



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